Diane K. Lindgren, MA, LPC-S, NCC

Frisco Professional Counseling, PLLC 2340 E. Trinity Mills Rd. Suite 300 Carrollton, TX 75006

CLIENT INFORMATION SHEET

| Date: | Phone (Home): | Phone(W | /ork): | |
|----------------------|----------------------|---------------------|-------------------|--|
| Phone (Cell): | E-Mail | | Fax: | |
| Client Name: | | DOB: | Sex: | |
| Address: | | | _ Marital Status: | |
| City, State, Zip: | | SS#: | | |
| Employer/School: | | O | ccupation: | |
| Address: | | City, State, Zip: | | |
| List below those | who live in the same | household: | | |
| Name: | | Relationship: | DOB: | |
| | | | | |
| | | | | |
| Primary Insuran | ce Company: | | | |
| Address: | | City, state, Zip: _ | | |
| Subscriber Name: | | DOB: | | |
| Employer: | | Phone (Work): _ | | |
| Employment Status | s: | Relationship to C | lient: | |
| Policy Number: | | Group Number: | | |
| Referred by: | | | | |
| | | | | |
| Client's Signature (| or Guardian's) | | Date | |

| If yes, was it: verbalemotionalphysicalsexual | Is there any history of | abuse in your life? Yes | | No | |
|---|-------------------------|--------------------------|--|-------------|----------------|
| List any psychiatric medications you are now taking: List any health problems that for which you are now receiving treatment: Estimated date of last exam/medical physical: Check any of the following that are problematic to you at this time: Anxiety Alcohol Use Depression Self Esteem Sexual Issues Religious Doubts Grief Pornography Fears Substance Abuse Loss of Meaning Medical Loneliness Stress Anger Child Raising Finances Addiction Infertility Relationships Past Regrets What problem or issue would you like to talk about in counseling? | If yes, was it: verbal_ | emotional | physi | cal | sexual |
| List any health problems that for which you are now receiving treatment: Estimated date of last exam/medical physical: Check any of the following that are problematic to you at this time: Anxiety Alcohol Use Depression Self Esteem Sexual Issues Religious Doubts Grief Pornography Fears Substance Abuse Loss of Meaning Medical Loneliness Stress Anger Child Raising Finances Addiction Infertility Relationships Past Regrets What problem or issue would you like to talk about in counseling? | Comments | | | | |
| List any health problems that for which you are now receiving treatment: Estimated date of last exam/medical physical: Check any of the following that are problematic to you at this time: Anxiety Alcohol Use Depression Self Esteem Sexual Issues Religious Doubts Grief Pornography Fears Substance Abuse Loss of Meaning Medical Loneliness Stress Anger Child Raising Finances Addiction Infertility Relationships Past Regrets What problem or issue would you like to talk about in counseling? | | | A SAME AND A SAME AS | | |
| Estimated date of last exam/medical physical: Check any of the following that are problematic to you at this time: Anxiety | List any psychiatric m | edications you are now t | aking: | | |
| Estimated date of last exam/medical physical: Check any of the following that are problematic to you at this time: Anxiety Alcohol Use Depression Self Esteem Sexual Issues Religious Doubts Grief Pornography Fears Substance Abuse Loss of Meaning Medical Loneliness Stress Anger Child Raising Finances Addiction Infertility Relationships Past Regrets What problem or issue would you like to talk about in counseling? | | | | | |
| □ Anxiety □ Alcohol Use □ Depression □ Self Esteem □ Sexual Issues □ Religious Doubts □ Grief □ Pornography □ Fears □ Substance Abuse □ Loss of Meaning □ Medical □ Loneliness □ Stress □ Anger □ Child Raising □ Finances □ Addiction □ Infertility □ Relationships □ Past Regrets What problem or issue would you like to talk about in counseling? | | | | | |
| □Religious Doubts □Grief □Pornography □Fears □Substance Abuse □Loss of Meaning □ Medical □Loneliness □Stress □Anger □Child Raising □Finances □Addiction □Infertility □Relationships □Past Regrets What problem or issue would you like to talk about in counseling? | Check any of the follo | owing that are problem | atic to you at t | his time: | |
| □Substance Abuse □Loss of Meaning □ Medical □Loneliness □Stress □Anger □Child Raising □Finances □Addiction □Infertility □Relationships □Past Regrets What problem or issue would you like to talk about in counseling? | | - | | f Esteem | □Sexual Issues |
| □Anger □Child Raising □Finances □Addiction □Infertility □Relationships □Past Regrets What problem or issue would you like to talk about in counseling? | | □Grief □Port | nography | □Fears | |
| □Relationships □Past Regrets What problem or issue would you like to talk about in counseling? | ☐Substance Abuse | ☐Loss of Meaning | ☐ Medical | □Loneliness | □Stress |
| What problem or issue would you like to talk about in counseling? | □Anger | ☐Child Raising | □Finances | □Addiction | □Infertility |
| | □ Relationships | □Past Regrets | | | |
| What do you hope to resolve and/or accomplish by coming to counseling? | | | | | |
| | What do you hope to re | esolve and/or accomplish | n by coming to c | counseling? | |
| Other Comments: | Other Comments: | | | | |
| | | | | | |
| | | | | | |

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| Client History Form: | | | |
|--|-------------------|-------|--|
| Client's Name: | | | |
| Today's Date: | | | |
| Home Phone: | Leave Mess | age? | |
| Work Phone: | Leave Mess | sage? | |
| Cell Phone: | Leave Mess | sage? | |
| Where would you prefer to be called? | | | |
| Occupation and Where: | | | |
| Religious Faith: | | _ | |
| Is your religious faith something you would | like to talk abou | t? | |
| Relationship Status: (Married, Single, Dating | g, etc.) | | |
| Present Partner: | | | Age: |
| Comments about partner: | | | to get a second and |
| Children's Names | Gender | Age | Comments |
| Family History: Relationship with parents as a child: | | | |
| Relationship with parents now: | | | |
| Relationship with siblings now: | | | |